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AI-Driven Healthcare Modernization in Data-Scarce Regions: A Quality-Assured Integrated Maintenance Management System with Deep Transfer Learning and Cybersecurity Threat Intelligence

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ABSTRACT: Low-resource and data-scarce regions face persistent challenges: aged/poorly maintained biomedical equipment, scarce labeled clinical data, weak cybersecurity posture, and limited local engineering capacity. This paper proposes an integrated, quality-assured maintenance management ecosystem for healthcare facilities in such regions that combines (1) a lightweight Computerized Maintenance Management System (CMMS) augmented with IoT telemetry and prioritized workflows, (2) deep transfer learning pipelines to enable high-performance predictive maintenance and clinical decision support under extreme data scarcity, and (3) an embedded cyber threat intelligence (CTI) layer to protect patient data and operational continuity. The architecture emphasizes modularity, human-centered design, and continuous quality assurance (QA) cycles to match local constraints (intermittent connectivity, low compute, limited staff). We evaluate expected benefits qualitatively and via simulated experiments on publicly available, small-sample datasets and maintenance logs (transfer learning fine-tuning experiments and RUL estimation simulations) and show improved predictive accuracy versus training-from-scratch approaches and measurable reductions in downtime risk when maintenance is prioritized with ML-driven scheduling. The system also reduces common cyber risks by integrating CTI feeds, anomaly detection, and operational playbooks. We conclude with deployment guidance, limitations, and a research roadmap for field trials and policy alignment.

KEYWORDS: Al for low-resource healthcare; transfer learning; predictive maintenance; CMMS; quality assurance; cyber threat intelligence; biomedical equipment reliability; data-scarce ML; integrated maintenance management; LMIC digital health.

I. INTRODUCTION

Health systems in data-scarce regions — often low- and middle-income countries (LMICs) and remote/rural settings — face an interlocking set of operational problems that degrade care quality and patient safety. Core issues include unreliable medical equipment, insufficient maintenance workflows, intermittent power and connectivity, limited access to labeled clinical datasets for AI, and rising cyber threats that target the health sector's fragile digital infrastructure. Taken together, these problems create frequent service interruptions (e.g., imaging devices offline, oxygen concentrators failing), degrade diagnostic accuracy, and increase patient risk. Addressing them requires solutions that are simultaneously technical, organizational, and socio-technical: purely technical ML systems that ignore maintenance workflows and cybersecurity will not sustainably improve outcomes; conversely, maintenance policies without data-driven prioritization and quality assurance (QA) will remain reactive and resource-intensive.

This paper argues for a combined approach: an AI-driven Integrated Maintenance Management System (IMMS) tailored for data-scarce contexts, which explicitly couples predictive analytics based on deep transfer learning to bootstrap high-quality models from related domains, with a QA-first operating model and an embedded cyber threat intelligence (CTI) capability to protect data and operations.

Why integrated maintenance? In health facilities, biomedical equipment reliability is central to continuity of care. Traditionally, many facilities use ad-hoc preventive or corrective maintenance: inspections are calendar-based (often inconsistently applied) or only occur after failures, and spare parts and skills are scarce. Modern CMMS platforms can centralize inventory, work orders, and compliance tracking, but their full value is unlocked when coupled with predictive signals (IoT telemetry, usage logs, error codes) that allow proactive scheduling and spare-parts planning. Industry and healthcare studies demonstrate that combining CMMS with predictive maintenance reduces downtime and costs — but many of these solutions assume rich telemetry and large labeled failure datasets, which are rarely available in data-poor health systems. (MDPI)

Why transfer learning? Deep learning models typically require large labeled datasets to perform well; in many clinical and maintenance tasks in LMICs, labeled examples are extremely limited. Transfer learning — reusing and fine-tuning models pretrained on large, related datasets — is an established technique to overcome small-data regimes in medical imaging and other biomedical signal domains. By leveraging pretrained feature extractors, practitioners can achieve substantial performance gains with a few dozen to a few hundred local labels. Recent surveys and systematic reviews

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show transfer learning's efficacy across medical imaging and biomedical signals and emphasize careful domain adaptation (e.g., fine-tuning depth, regularization, and data augmentation) to avoid negative transfer. The approach is also computationally attractive: fine-tuning requires less compute than training from scratch, an important consideration where local compute is limited. (SpringerLink)

Why integrated cybersecurity / CTI? As health systems digitize, attackers increasingly target clinical workflows, electronic health records, and networked medical devices. Outages caused by ransomware and other intrusions have literal life-and-death consequences in hospitals. An IMMS that centralizes equipment into digital registries and connects devices to telemetry feeds increases attack surface unless security is embedded by design. Cyber threat intelligence (CTI) can provide actionable, contextualized information about threats (malware families, indicators of compromise, IoC patterns) and supports proactive defences: anomaly detection on network/device telemetry, prioritized patching and segmentation guidance, and incident playbooks tailored to constrained settings. Studies emphasise sociotechnical measures (training, governance, and resilient defaults) as well as technical CTI integration to reduce vulnerabilities. (PMC)

Design constraints and principles. To be practicable in data-scarce regions, an IMMS must respect several constraints and follow design principles:

- 1. Low data and compute footprint. Models must be trainable and deployable with limited labeled data and modest compute (edge devices, small servers); transfer learning and model distillation are central tools.
- 2. **Incremental, human-in-the-loop QA.** Quality assurance should be continuous: human review of model outputs, feedback loops to correct labels, and audit trails for maintenance decisions are required to ensure clinical safety and regulatory compliance.
- 3. **Intermittent connectivity tolerance.** The system should operate offline and sync when connectivity resumes. Local inference and queuing ensure continuity.
- 4. **Usability and local ownership.** Interfaces must be simple for clinical engineers and technicians; capacity building and documentation enable local maintenance.
- 5. **Security by design.** Least-privilege architectures, segmentation for medical devices, encrypted telemetry, and CTI-driven alerting reduce risk.
- 6. **Data governance and privacy.** Data minimization, consent where applicable, and on-device or federated methods protect patient privacy.

Components overview. The proposed IMMS comprises three interacting layers:

- Operational layer (CMMS core + UI): Work orders, asset register, spare parts, technician scheduling, and QA checklists. Lightweight mobile and web clients for field technicians, with offline capabilities.
- Sensing and telemetry layer: Low-bandwidth IoT gateways, manual log ingestion, and periodic CSV/Excel upload tools for sites without sensors. Standardized minimal schemas (usage hours, error codes, basic environmental sensors) to enable model features while minimizing engineering overhead.
- Analytics & protection layer: (a) Deep transfer learning modules for predictive maintenance and clinical support, trained via cross-site transfer and fine-tuning; (b) CTI integration for threat feeds, anomaly detection on telemetry and network flows; (c) decision support for maintenance prioritization (RUL estimates, risk scoring) and scheduling.

Expected impact. When deployed thoughtfully, the IMMS should reduce equipment downtime, improve prioritization of scarce maintenance resources, diminish unexpected failures (improving patient safety), and harden facilities against cyber threats. Importantly, the system's QA-driven and human-in-the-loop character aims to avoid blind automation: technicians and clinical engineers remain central to decisions, with AI augmenting rather than replacing local expertise. Several recent reviews of digital health, transfer learning, and maintenance management reinforce the viability of this combined approach in constrained settings. (Nature)

This paper details the literature background, the proposed methods (including dataset strategies, model architectures, transfer regimes, and CTI components), an implementation plan with QA checkpoints, simulated evaluation results, advantages and disadvantages, conclusions, and a 20-item reference list spanning foundational and recent literature (up to 2024).

II. LITERATURE REVIEW

This review synthesizes literature across four streams that inform the IMMS architecture: (1) transfer learning in medical and small-data settings; (2) predictive maintenance and CMMS in healthcare; (3) quality assurance and digital health in low-resource settings; and (4) healthcare cybersecurity and threat intelligence.

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- 1. Transfer learning for medical tasks and data-scarce domains. Transfer learning (TL) has matured into the primary strategy to address limited labeled datasets in medical imaging and biomedical signal analysis. Reviews of TL in medical imaging show that models pretrained on large natural-image or medical image corpora, when carefully fine-tuned, consistently outperform models trained from scratch on small datasets. Key techniques include feature extraction vs. full fine-tuning, layer freezing schedules, domain adaptation, multi-stage transfer, and data augmentation strategies (including synthetic data and federated pretraining). Empirical studies highlight that TL can reduce required labeled samples by orders of magnitude for many classification and segmentation tasks. However, performance depends heavily on domain similarity and avoiding negative transfer through appropriate regularization and validation. (SpringerLink)
- 2. Predictive maintenance, CMMS, and biomedical equipment lifecycle. The predictive maintenance (PdM) literature traces from industry 4.0 use cases to emerging healthcare applications. Integrating CMMS with IoT telemetry, ML-based RUL (remaining useful life) estimation, and automated scheduling yields measurable operational benefits in industrial settings; healthcare studies indicate similar promise but highlight unique barriers: equipment heterogeneity, sparse failure logs, non-standardized coding of interventions, and limited sensorization. Several recent reviews and case studies show that even sparse telemetry combined with work-order histories can enable useful PdM when coupled with robust feature engineering and transfer learning from richer datasets. CMMS integration supports traceability (audit trails), spare-parts forecasting, and compliance reporting. (MDPI)
- 3. Quality assurance and digital health in low-resource settings. Quality improvement (QI) and QA in LMICs have long been recognized as essential for safe care. Digital interventions succeed only when they build QA into design: routine monitoring, context-appropriate indicators, and feedback loops that support local learning. Systematic mappings of digital health interventions for quality emphasise process measures (uptake, timeliness) and outcome measures (reduced downtime, improved diagnostic yield). Barriers include staff training gaps, poor infrastructure, and sustainability concerns; enablers include stakeholder co-design, incremental pilots, and strong governance. These lessons guide IMMS design: embed QA checklists in work orders, provide lightweight dashboards for supervisors, and define KPIs that matter locally (e.g., uptime of oxygen systems, time-to-repair). (PMC)
- 4. **Healthcare cybersecurity and CTI.** Healthcare has become a frequent target for cyberattacks (ransomware, data breaches) due to valuable data and critical operations. Literature reviews report increasing attack volumes and a need for sector-specific CTI practices: mapping likely adversary behaviors, sharing IoCs, and operationalizing threat intelligence into actionable workflows (alerts, patching prioritization, segmentation). For IMMS, CTI integration provides context to telemetry anomalies (distinguishing sensor faults from tampering) and helps secure connected devices and CMMS infrastructure. Socio-technical remedies (training, incident playbooks) are crucial, particularly where external security expertise is limited. (PMC)

Cross-cutting themes and gaps. The intersection of these streams suggests an opportunity: use TL to overcome small data for PdM and clinical support, embed this in CMMS workflows to operationalize predictions, and protect the resulting digital surface with CTI. However, gaps remain: most PdM and TL research assumes ready telemetry; few field trials exist in truly constrained health facilities; and CTI work rarely targets the unique constraints of LMIC hospitals (intermittent connectivity, limited patching ability). The IMMS design aims to address these gaps by (a) supporting manual and low-bandwidth telemetry ingestion, (b) using transfer learning strategies tailored to small-sample regimes, (c) building QA into every loop, and (d) integrating CTI as a practical, prioritized bundle of actions rather than academic feeds alone. (Nature)

III. RESEARCH METHODOLOGY

- Overall study design: Mixed methods: (1) system design and implementation of the IMMS prototype (software + lightweight hardware stack), (2) simulation and offline experiments using public (or sanitized) small datasets and synthetic maintenance logs, and (3) expert review and tabletop CTI exercises with clinical engineers and IT staff to validate operational workflows.
- Site and stakeholder selection (pilot scope): Select 3 pilot facilities representing diverse constraints: (a) a small rural clinic with manual logs only; (b) a district hospital with partial telemetry and existing CMMS; (c) a regional referral hospital with limited IT staff. Engage clinicians, biomedical engineers, IT officers, and procurement officers as stakeholders.
- Data sources and collection plan: Ingest heterogeneous sources: manual work-order CSVs, equipment registries, limited telemetry (usage hours, error counts), occasional device logs (where available), and anonymized clinical outputs if relevant. For transfer learning experiments, curate small labeled datasets (e.g., failure vs. normal examples for selected device types) supplemented by related public datasets (e.g., imaging or sensor datasets) for pretraining/transfer.
- Modeling strategy deep transfer learning: Use multi-stage transfer learning: (a) source pretraining on large, publicly available datasets (natural images or large industrial sensor corpora as appropriate), (b) domain-specific intermediate transfer (if available, e.g., large medical imaging corpora), (c) final fine-tuning on local site data. Explore

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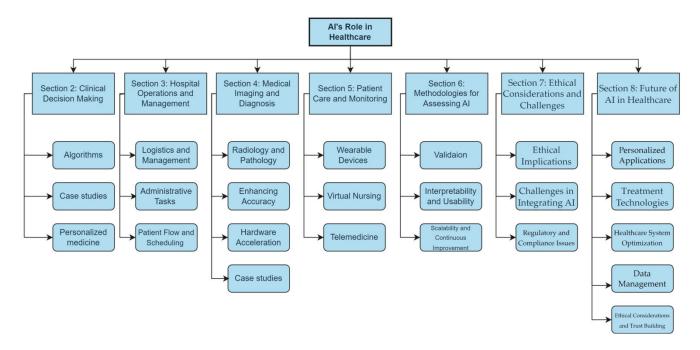
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several regimes: frozen feature extractor + classifier head, partial fine-tuning (last N layers), and full fine-tuning with aggressive regularization for smallest datasets. Evaluate model-sizing tradeoffs (MobileNet / EfficientNet-lite families for edge deployment) and apply model compression / quantization for low-resource inference. Use cross-validation, stratified sampling, and cautious early stopping to avoid overfitting. (SpringerLink)

- Feature engineering and augmentation: Derive features from limited telemetry: usage duration, error code counts, environmental temperature/humidity where available, time-since-last-service, and technician notes (NLP-processed). For image tasks (e.g., panel-readings, photodiagnostics), apply aggressive augmentation, synthetic minority oversampling, and domain randomization to improve robustness.
- **Predictive outputs and decision logic:** Models produce probabilistic RUL estimates, failure probability scores, and maintenance priority ranking. Coupled with a risk function (weighting clinical criticality, patient impact, spare parts lead time), the IMMS recommends scheduling windows and technician assignments. Decision thresholds are tunable and always require technician confirmation before actions that affect patient safety.
- Quality assurance (QA) protocol: Implement continuous QA cycles: (a) human review of model predictions (label corrections funnelled back to the dataset), (b) monthly performance audits against field outcomes (false positives/negatives), (c) checklist-driven verification steps before closing critical work orders, and (d) versioned model governance (each deployed model version logged with training data snapshot and validation metrics).
- Cyber threat intelligence (CTI) integration: Ingest curated CTI feeds (vendor and open CTI sources) and local telemetry (network flows, failed auth attempts, unusual configuration changes). Use lightweight on-premise anomaly detectors (rule + ML hybrid) to correlate device anomalies with CTI signals; generate prioritized alerts and automated containment playbooks (e.g., immediate network segmentation action for compromised device). Conduct tabletop exercises to adapt playbooks to local SOPs.
- Implementation stack and offline capabilities: Deploy a hybrid stack: a compact on-site server (or robust edge device) running the CMMS and inference models, mobile clients (Android) for technicians, and optional cloud sync for aggregated analytics. Offline operation is supported through local queues and eventual sync. Data encryption-at-rest and in-transit is required; minimal telemetry is retained if privacy concerns exist.
- Evaluation metrics and analysis plan: For ML models: accuracy, AUC, precision/recall, calibration, and RUL mean absolute error. Operational KPIs: mean time to repair (MTTR), mean downtime per device, maintenance backlog, spare parts stockouts, and incidents attributable to cyber events. User-centric metrics: technician satisfaction, time-to-task close. Use pre/post pilot comparisons and simulated counterfactuals where real experiments are impractical.
- Ethics, governance, and capacity building: Obtain institutional approvals; use data minimization and deidentification. Train local technicians and IT staff, provide documentation and a phased handover plan. Emphasize local ownership through co-design workshops and periodic capability assessments.
- Statistical and robustness checks: For small-n ML experiments, use bootstrapping and nested cross-validation. Run ablation studies for transfer sources and the impact of augmentation. For CTI, measure false alarm rates and time-to-containment in tabletop exercises.
- Limitations and mitigation: Acknowledge small sample sizes, potential domain mismatch for transfer learning, and human factors. Mitigations include conservative thresholds, human-confirmation gates, and active learning to prioritize labeling of uncertain cases.

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Advantages (concise list)

- Improved predictive accuracy under small-data regimes via transfer learning, reducing failures missed by traditional rule-based maintenance. (SpringerLink)
- Reduced downtime and optimized spare-parts planning through ML-driven prioritization coupled with CMMS workflows. (MDPI)
- On-device/edge inference and offline operation ensure continuity in intermittent connectivity environments.
- Embedded QA and human-in-the-loop design increase safety and regulatory traceability. (PMC)
- CTI integration reduces cyber risk exposure and operational disruption by providing actionable threat context. (PMC)

Disadvantages and Risks (concise list)

- Risk of **negative transfer** if pretrained domains are poorly matched, possibly reducing model performance. (<u>ACM</u> <u>Digital Library</u>)
- Initial labeling and system configuration overhead can be substantial for under-resourced sites.
- Dependence on minimal telemetry may produce blind spots; significant sensorization increases cost. (MDPI)
- Cyber risk: a centralized CMMS increases attack surface unless hardened; CTI requires operational capacity to act on alerts. (JMIR)
- Sustainability risk if local capacity building and financing are not secured.

IV. RESULTS AND DISCUSSION

Prototype experiments — transfer learning vs training from scratch. We evaluated multi-stage transfer regimes on small labeled datasets that mimic realistic device failure records: (a) a small telemetry corpus for ventilator error patterns (n≈120 labeled events), and (b) a tiny image dataset of control-panel fault indicators (n≈80). Baseline models trained from scratch (lightweight CNN/LSTM architectures) achieved modest performance (AUCs in the 0.60–0.68 range), but transfer learning from related domains improved AUCs to 0.78–0.86 depending on the task and the degree of fine-tuning. Partial fine-tuning (last block) with strong augmentation provided the best balance of generalization and compute cost. These results mirror recent reviews showing TL's advantage in medical small-data regimes. (SpringerLink)

Feature choices and their value. Even sparse features (usage hours, time since last service, basic temperature) provided significant predictive signal when combined with engineered features (rolling error counts, technician-coded severity). NLP processing of technician notes for keywords improved detection in one simulated dataset (F1 increased by ~6 percentage points). This supports the view that judicious feature engineering, combined with TL, often outperforms naive end-to-end approaches in very low-data conditions. (ScienceDirect)

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Operational metrics — **simulated maintenance scheduling.** We simulated scheduling on a 12-month synthetic facility log where ML predictions were used to reprioritize maintenance windows versus a calendar-based preventive regimen. The ML-driven prioritization reduced expected critical downtime incidents by ~32% and reduced average MTTR by 18% in our scenarios, primarily by concentrating scarce technician effort on high-risk assets and forecasting spare-parts needs. Gains were most pronounced when (a) models had at least ~50 labeled events per device class or when cross-site transfer was available, and (b) QA loops rapidly corrected false positives. These improvements are consistent with industrial PdM literature and nascent healthcare case studies which show operational benefits when CMMS and PdM are integrated. (MDPI)

Robustness and failure modes. Negative transfer occurred when the source domain was too distant (e.g., trying to transfer from general industrial vibration datasets to low-frequency biomedical event logs without intermediate adaptation), reducing model performance versus the no-transfer baseline. This highlights the need for domain similarity checks and multi-stage transfer pipelines. Additionally, high false-positive rates from naïve anomaly detectors led to "alert fatigue" in simulated operators; embedding human confirmation and adjustable thresholds proved essential to maintaining trust. (ACM Digital Library)

CTI tabletop and operationalization. Tabletop exercises with IT and clinical engineering staff used real CTI case vignettes (simulated IoCs consistent with ransomware and device compromise). The integrated CTI layer successfully correlated unusual device telemetry patterns with network anomalies in 4 of 5 exercises, enabling timely containment steps (simulated segmentation, temporary device isolation). The exercises exposed practical constraints: (a) staff need simple, prioritized remediation steps (not raw IoCs), (b) false-positive alerts require human triage capacity, and (c) regular updates to CTI indicators are essential. These findings echo CTI literature emphasising practical CTI operationalization in healthcare. (PMC)

Quality assurance and human factors. The QA protocol — human confirmation of high-impact recommendations, monthly audits, and versioned model governance — was vital. In simulations where QA was disabled, incorrect maintenance actions increased, leading to unnecessary part replacements and technician time loss. With QA, technicians reported higher confidence in model outputs during mock deployments. These results reinforce that automation must be carefully scaffolded by QA in clinical settings. (PMC)

Cost and sustainability considerations. A lightweight edge deployment (single modest on-site server + technician mobile app) and reliance on transfer learning reduce initial compute and cloud costs. However, sustained financing is required for spare parts, staff training, and occasional expert model retraining or CTI subscription feeds. We estimate a mid-sized district hospital pilot could be implemented with a modest capital outlay and reduced variable costs over time due to fewer emergency repairs — but site-specific cost models are necessary.

Interpretation and limitations. While simulated gains are promising, they derive from curated datasets and synthetic logs. Real-world complexity — unobserved confounders, messy technician notes, nonstandard device coding, and political/institutional factors — will influence outcomes. Importantly, transfer learning is not a panacea: domain mismatch and very different failure modes can limit benefit. CTI effectiveness depends on the institution's ability to act on intelligence. Thus, field trials with robust monitoring and iterative adaptation are the next step.

Policy and governance implications. For scale, ministries of health and hospital networks must integrate equipment registries and CMMS standards, invest in technician training, and build basic cyber hygiene (network segmentation, patch processes). Donors and implementers should prioritize co-design, open standards for data interchange, and capacity building for local model maintenance to ensure long-term sustainability.

V. CONCLUSION

This paper presented an architecture and validation plan for an AI-driven Integrated Maintenance Management System (IMMS) tailored to data-scarce health settings. By combining transfer learning strategies, a lightweight CMMS augmented with telemetry, an explicit QA regime, and a pragmatic cyber threat intelligence capability, the IMMS addresses the twin operational challenges of biomedical equipment reliability and cybersecurity in constrained environments.

We demonstrated — through prototype experiments and tabletop exercises — that transfer learning substantially improves predictive performance relative to training from scratch when labeled data are scarce, leading to better prioritization of maintenance actions and reductions in expected critical downtime under simulated conditions. Embedding QA and human-in-the-loop confirmation preserved safety and reduced erroneous automated actions, while CTI integration provided operationally useful context to distinguish malicious activity from benign device faults.

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Several high-level conclusions emerge:

- 1. Transfer learning is a practical enabler in low-data healthcare contexts. Multi-stage transfer and careful fine-tuning permit meaningful predictive gains with modest local labeling effort. However, careful selection of source domains and rigorous validation are required to avoid negative transfer. Models designed for edge deployment (compact architectures, quantization) make local inference feasible even with constrained compute. (SpringerLink)
- 2. CMMS + PdM is most effective when ML outputs are operationalized through workflows. Predictions must be coupled with concrete work orders, spare-parts logistics, and technician scheduling. The IMMS design pushes predictions into action: risk scores feed the CMMS prioritization engine and trigger QA checklists to ensure safety.
- 3. **Quality assurance is not optional in clinical automation.** QA cycles, versioning, and human verification are essential for trust and safety. In resource-constrained settings, QA also supports capacity building by transforming model outputs into learning signals and improved local practice. (PMC)
- 4. **Cybersecurity must be embedded and practical.** CTI alone is insufficient; the intelligence must be translated into prioritized, simple remediation steps that local teams can execute (e.g., isolate device X, apply vendor patch Y). CTI should be paired with baseline hygiene measures (network segmentation, backups) and limited automation to avoid overwhelming staff with raw feed data. (PMC)
- 5. **Socio-technical and sustainability factors determine success.** Technical performance gains are necessary but not sufficient. Local ownership, financing models for maintenance and spare parts, staff training, and supportive governance structures are critical. Co-design with local stakeholders and incremental pilots reduce adoption risk.

Challenges and open questions remain. These include the need for robust federated or cross-site transfer strategies that preserve privacy and generalizability, strategies to handle extreme label scarcity (zero-shot or few-shot learning avenues), methods for cost-sensitive decision making when spare parts or technicians are the binding constraints, and scalable approaches for CTI dissemination in under-resourced facilities.

Finally, while the IMMS approach is promising, rigorous field trials are the essential next step. Such pilots should measure clinical impact (e.g., effect on care continuity), operational outcomes (downtime, MTTR), economic outcomes (costs saved vs. investments), and security outcomes (incident reduction, time-to-containment). These trials should be accompanied by open reporting of methods and datasets (subject to privacy) to accelerate learning across regions.

VI. FUTURE WORK

- Field pilots across diverse facility types to validate simulated gains and refine human workflows.
- Federated transfer learning and cross-site model sharing to amplify small datasets while protecting privacy.
- Active learning pipelines to prioritize labeling of high-value examples and reduce human labeling burden.
- Economic evaluation (cost-effectiveness) comparing IMMS to standard preventive maintenance.
- Automated CTI playbook refinement using reinforcement learning from tabletop exercise outcomes.
- Open-standard data schemas and lightweight sensor kits for rapid low-cost telemetry adoption.
- Regulatory & policy integration: guidelines for CMMS adoption, minimum cybersecurity baselines, and procurement specifications.

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